

Parkinson's Patient Safety Training

Quick bedside guide for nurses and care teams

Common safety risks

- Missed or delayed Parkinson's medication doses
- Freezing, shuffling gait, falls, or transfer difficulty
- Swallowing problems and aspiration risk
- Orthostatic hypotension and dizziness

Bedside safety actions

- Give Parkinson's medications exactly on schedule
- Screen swallow safety before oral intake or pills
- Allow extra time for movement and communication
- Help patient rise slowly; use gait belt and mobility aids as ordered

Escalate when

- Medication timing cannot be maintained
- New aspiration signs, choking, pneumonia symptoms, or severe dizziness occur
- Mobility suddenly worsens or patient has repeated near-falls